

**Milestones in Marion
Creative Care Unit
February 2019**

Coordinator: Katie Miller

Monday	Tuesday	Wednesday	Thursday	Friday
		February Birthdays Justin R. 2-1 Francine L. 2-8 Ryan R. 2-13 Penny D. 2-18 Marie V. 2-21 Linda L. 2-23		1 Music Therapy Valentine's Heart Craft Super Bowl Tailgate Board Games  <i>National Wear Red Day</i>
4 Friends From the Arc Simon Says: Movement Ground Hog Day Who is Rosa Parks?	5 Pet Therapy Travel Tuesday: Paris "The City of Love" HEARTLAND BAND Headbandz	6 Music Therapy Music Appreciation Michael Jackson Chinese New Year Valentine Word Searches	7 Salvation Army Cards in The Library Valentine's for Veterans Chat Pack	8 Shake, Rattle, and Roll Parachutes Create a Fit Ball Searching for February 
11 Dog Show Day Dog Breeds and Dog Tricks National Geographic Heart Categories	12 Home Made Valentine's Lincoln's Famous Quotes WILD BILL Valentine Trivia	13 Music Therapy Music Appreciation Bruno Mars Sensory Bags Love Your Heart Trivia 	14 Valentine's Picture Frames Darlene's Duet Valentine's Celebration Valentine Social Hour <i>Wear Red</i>	15 Movie Day Backyard Bird Watching Karaoke Cards with Friends
18 Friends From the Arc Nascar Day HAROLD GRAY First Lady's Game 	19 Red Velvet Cookies Octoband Pet Therapy From Camp Courageous HARRY ON KEYBOARD Guided Meditation 	20 Music Therapy Music Appreciation Stevie Wonder African American Culture Way Back Wednesday	21 Zumba Unwind and Relax Social Workshop Hy-Vee Outing Bingo 	22 Pokeno Uno in The Library "Happy Hour" Margarita Day Relax and Refresh
25 Cookie Day Making Peanut Butter Cookies Uno With Friends Spas and Sports Finish the Phrase <i>Tootsie Roll Day</i>	26 Grand Canyon Becoming A National Park Parachute First Medical Update Dollar Tree Brainstorming	27 Music Therapy Music Appreciation Prince Balloon Volleyball Name That Tune	28 Bingo Puzzle Mania Lindale Mall with Katie Color by Numbers	

7:30 a.m. – 9:30 a.m. Breakfast
9:30 a.m. – 10:00 am. Exercise
10:00 a.m. -10:15 am. Sharing/News
10:15 a.m. – 11:40 am. Programming

11:40 a.m. – 12:00 p.m. Prepare For Lunch
12:00 p.m. – 1:00 p.m. Lunch
1:00 p.m. – 2:30 p.m. Programming
2:30 p.m. – 3:00 p.m. Snack

3:00 p.m. – 4:30 p.m. Small Group Programs
4:30 p.m. – 5:00 p.m. Daily Tasks
All Calendars Are Subject To Change

“This institution is an equal opportunity provider.”