




**Milestones in Marion
Main Unit
February 2019**

Activity Coordinator: **Nichelle McKee**

Monday	Tuesday	Wednesday	Thursday	Friday
		February Birthdays Justin R. 2-1 Francine L. 2-8 Ryan R. 2-13 Penny D. 2-18 Marie V. 2-21 Linda L. 2-23		1 Bubble Gum Day Music Therapy Feelings in a Jar Super Bowl Tailgate Board Games  <i>National Wear Red Day</i>
4 Friends From Arc Simon Says: Movement Groundhog Day Who is Rosa Park?	5 Pet Therapy Travel Tuesday: Paris “The City of Love” HEARTLAND BAND Headbandz	6 Music Therapy Bell Choir Michael Jackson Chocolate Covered Strawberries at Bickford Chinese New Year Valentine Word Searches	7 Beaded Heart Sun Catchers Cards In Library Valentine’s for Veterans Chat Pack	8 Shake, Rattle, and Roll Parachute Create a Fit Ball Searching for February  <i>National Iowa Day</i>
11 Dog Show Days Dog Breeds Dog Tricks Client Choice Games Heart Categories	12 Home Made Valentine’s Lincoln’s Famous Books WILD BILL Valentine Trivia	13 Music Therapy Bell Choir Bruno Mars Grant Wood History American Gothic Love Your Heart Trivia 	14 Heart and Soul Reminiscing Darlene’s Duet Valentine’s Celebration Valentine Social Hour <i>Wear Red</i>	15 Participant Council Backyard Bird Watching Karaoke Cards with Friends
18 Friends From the Arc Nascar Days HAROLD GRAY First Lady’s Game 	19 King of Motown Motown Moves Pet Therapy from Camp Courageous HARRY ON KEYBOARD Guided Meditation	20 Music Therapy Bell Choir Stevie Wonder African American Culture Way Back Wednesday	21 Zumba Unwind and Relax Social Workshop Coffee Club Bingo 	22 Pokeno Uno in Library Happy Hour: Margarita Day Relax and Refresh
25 Once Upon a Time A Mixed Up Fairytale Spa and Sports Finish the Phrase <i>Tootsie Roll Day</i>	26 Grand Canyon Becomes a National Park Puffy Slime Medical Update Dollar Tree Brainstorming	27 Music Therapy Bell Choir Prince Balloon Volleyball Name That Tune	28 Bingo Open Library Spirituality With Vicki Color by Numbers	

7:30 a.m. – 9:30 am Breakfast
9:30 a.m. – 10:00 am Exercise
10:00 a.m. -10:15 am News/Sharing
10:15 a.m. – 11:40 am Programming

11:40 a.m. – 12:00 p.m. Prepare For Lunch
12:00 p.m. – 1:00 p.m. Lunch
1:00 p.m. – 2:30 p.m. Programming
2:30 p.m. – 3:00 p.m. Snack

3:00 p.m. – 4:30 p.m. Small Group Programs
4:30 p.m. – 5:00 p.m. Daily Tasks

All Calendars Are Subject To Change
“This institution is an equal opportunity provider.”