

Milestones in Marion
Special Care Unit
January 2019

Coordinator: Anne Lullie

Monday	Tuesday	Wednesday	Thursday	Friday
	1 MILESTONES IN MARION CLOSED HAPPY NEW YEAR! 	2 Music Therapy Senior Strengthening Moves Rose Parade College Bowl Would You Rather?	3 Social Workshop Chair Ballet Gene Autry Birthday Word Find <i>Western Day</i>	4 Baggo Tube Sock Snowmen World Braille Day Did You Know? Board Games 
7 Chair Yoga Friends From the Arc Bird Therapy Spa Nails Searching for January 	8 Pet Therapy with Gunner Elvis Presley Day Blonde Brownies Book Marks Frost Categories	9 Music Therapy Move N Groove WILD BILL Winter Word Finds	10 Chair Balance Exercise Bird Day Eagles Weird Games from Around The World Name the Plate	11 Beating the Winter Blahs Snow Fun Champagne Music Maker January White Board Games
14 Eagle Watch Outing Hand Therapy Movie Monday Winter Categories 	15 Bingo with Bickford at Milestones In Marion Baking Cherry Pie HARRY ON KEYBOARD Guided Meditation	16 Music Therapy Senior Strengthening Who Made Us Laugh? Winter Sports Name that Tune	17 Zumba National Bird Day Happy Birthday Bette White Stress Reduction Bingo 	18 Ring Toss Winter Sponge Paintings Movie COUNTRY STEPPERS Puzzle Mania
21 Friends From the Arc Martin Luther King Tribute HAROLD GRAY Client Rights	22 Snowflake Paint Project Baggo Tea and Trivia Who Am I Rod Stewart 	23 Music Therapy Parachute Buttery Biscuits Bird Therapy Feelings in a Jar	24 Move N Groove Laughter Therapy National Geographic What Animals Hibernate? Trivia 	25 Medical Update Twister Tic Tac Toe Musical Social Winter Trivia with Darlene Relax and Refresh
28 Senior Action Moves Baseball Hall of Fame Winter Categories Chinese New Year Color Your World	29 Noodles Exercise Poetry Social Blue Berry Muffins Baking Nibble n Natter Wacky World Records	30 Music Therapy Cereal Box Puzzles Flipping Through Catalogs Spa Nails Wacky Hidden Meanings	31 Chair Ballet Sing A Long with Anne Remembering Campbell's Soup Milestones In Marion Dance Party Name 5	<u>January Birthdays</u> Denice D. 1-1 Kari M. 1-17 Fatmir A 1-4 Kim S. 1-19 Barbara T. 1-7 Jules BN 1-22 Patti L. 1-12 Theresa C.1-24 Shane H. 1-14 Glenn H. 1-26

7:30 a.m. – 9:30 a.m. Breakfast
 9:30 a.m. – 10:00 am Exercise
 10:00 a.m. -10:15 am Sharing /News
 10:15 a.m. – 11:40 am Programming

11:40 a.m. – 12:00 p.m. Prepare For Lunch
 12:00 p.m. – 1:00 p.m. Lunch
 1:00 p.m. – 2:30 p.m. Programming
 2:30 p.m. – 3:00 p.m. Snack

3:00 p.m. – 4:30 p.m. Small Group Programs
 4:30 p.m. – 5:00 p.m. Daily Tasks

All Calendars Are Subject To Change

“This institution is an equal opportunity provider.”