

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>January 2019 <i>HAB Activity Calendar</i></p>	<p>CLOSED 1</p> 	<p>2</p> <p><i>Open Discussion</i></p> <p>1:00-1:45</p>	<p>3</p> <p><i>Stop Runaway Emotions</i></p> <p>1:00-1:45</p>	<p>4</p> <p><i>Dollar Tree</i></p> <p>10:15-11:30</p>
<p>7</p> <p><i>Make Fudge with Carol</i></p> <p>10:00-11:30</p>	<p>8</p> <p><i>Lindale Mall & Subway (\$5.00-\$10.00)</i></p> <p>10:00-1:30</p>	<p>9</p> <p><i>Manners Discussion</i></p> <p>1:00-1:45</p>	<p>10</p> <p><i>Ladd Library Outing</i></p> <p>10:00-11:30</p>	<p>11</p> <p><i>Snowflake Craft (Art Room)</i></p> <p>10:00-11:30</p>
<p>14</p> <p><i>Decide on a Recipe (Bring a Recipe)</i></p> <p>1:00-1:45</p>	<p>15</p> <p><i>Your Words Matter</i></p> <p>1:00-1:45</p>	<p>16</p> <p><i>Conquering Self-Stigma</i></p> <p>1:00-1:45</p>	<p>17</p> <p><i>Do You! Discussion</i></p> <p>1:00-1:45</p>	<p>18</p> <p><i>Depression Discussion</i></p> <p>1:00-1:45</p>
<p>21</p> <p><i>Purchase Ingredients</i></p> <p>10:15-11:30</p>	<p>22</p> <p><i>Bible Study w/Debbie</i></p> <p>1:00-1:45</p>	<p>23</p> <p><i>Maintaining Self Care</i></p> <p>1:00-1:45</p>	<p>24</p> <p><i>Playing Games with Residents at Evergreen Estates II & Lunch (\$1.50)</i></p> <p>10:00-1:30</p>	<p>25</p> <p><i>Lunch at Tommy's with Creative Care Unit (\$5.00-\$10.00)</i></p> <p>11:00-1:30</p>
<p>28</p> <p><i>Make Recipe</i></p> <p>10:00-11:30</p>	<p>29</p> <p><i>Medical Program in Main Program Area</i></p> <p>10:00-11:30</p>	<p>30</p> <p><i>Mind Over Mood</i></p> <p>1:00-1:45</p>	<p>31</p> <p><i>Being Respectful Program with June in Main Program area</i></p> <p>1:00-1:45</p>	