






**Milestones in Marion  
Creative Care Unit  
January 2019**

**Coordinator: Katie Miller**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>MILESTONES IN MARION CLOSED HAPPY NEW YEAR!</b> 	2 <b>Music Therapy</b> Music Appreciation Whitney Houston <b>Snowman Plate Craft</b> Would you Rather?  	3 <i>Western Day</i> Social Workshop <b>Happy Birthday Gene Autry</b> Bean Mosaic Word Find	4 <b>National Trivia Day</b> Book Worm Club <b>Bozo The Clown</b> Board Games <i>Braille Day</i>  
7 <b>Friends From the Arc</b> Color Club <b>Reminisce Ball</b> Searching for January  	8 <b>Travel to Antarctica</b> Pet Therapy Marion Hy Vee <b>Book Club</b> Bookmarks Frost	9 <b>Music Therapy</b> <b>Music Appreciation</b> Cher <b>WILD BILL</b> Winter Word Finds <i>Wacky Wardrobe Day</i>	10 <b>Octoband</b> MUSIC WITH BOB <b>Puzzles With Zach</b> Name the Plate	11 <b>Bingo</b> Hand Massages <b>Snowman Treats</b> January White Board Games
14 <b>Spice of Life</b> Sensory Experience <b>Movie Monday</b> Winter Categories  	15 <b>Bingo with Bickford</b> <b>At Milestones In Marion</b> Sorry in the Library <b>HARRY ON KEYBOARD</b> Guided Meditation  	16 <b>Music Therapy</b> <b>Music Appreciation</b> Britney Spears <b>Winter Sports</b> Name that Tune	17 <b>Zumba</b> Happy Birthday Bette White <b>New Bo City Market</b> Bingo  	18 <b>Blue Planet</b> Book Worm Club <b>COUNTRY STEPPERS</b> Puzzle Mania  <i>Gourmet Coffee Day</i>
21 <b>Friends From the Arc</b> Martin Luther King Jr Day <b>HAROLD GRAY</b> Cards with Friends Client Rights	22 <b>Eagle Sightings</b> Snow Flake Paint Project National Geographic <b>What Animals Hibernate?</b> Who Am I? Rod Stewart  	23 <b>Music Therapy</b> <b>Music Appreciation</b> Janet Jackson <b>Casino Games</b> Feelings in a Jar	24 <b>Winter Time Memories</b> MUSIC WITH BOB <b>National Compliment</b> <b>Day Craft</b> Trivia  	25 <b>Medical Update</b> Penguin Craft <b>Winter Trivia with</b> <b>Darlene</b> Relax and Refresh
28 <b>Bring Your Photo's</b> <b>Scrap Booking</b> Junk Drawer Detective <b>Board Games with Danielle</b> Color Your World	29 <b>National Bird Day</b> Making Bird Feeders <b>Bowling Trip</b> Wacky World Records	30 <b>Music Therapy</b> <b>Music Appreciation</b> Madonna <b>Spa and Sports</b> Wacky Hidden Meanings	31 <b>Sports Appreciation Day</b> What's Your Favorite Team? <b>Milestones In Marion</b> <b>Dance Party</b> Name 5	<b>January Birthdays</b> Denice D. 1-1 Kari M. 1-17 Fatmir A 1-4 Kim S. 1-19 Barbara T. 1-7 Jules BN 1-22 Patti L. 1-12 Theresa C. 1-24 Shane H. 1-14 Glenn H. 1-26

7:30 a.m. – 9:30 a.m. Breakfast  
9:30 a.m. – 10:00 am. Exercise  
10:00 a.m. -10:15 am. Sharing/News  
10:15 a.m. – 11:40 am. Programming

11:40 a.m. – 12:00 p.m. Prepare For Lunch  
12:00 p.m. – 1:00 p.m. Lunch  
1:00 p.m. – 2:30 p.m. Programming  
2:30 p.m. – 3:00 p.m. Snack

3:00 p.m. – 4:30 p.m. Small Group Programs  
4:30 p.m. – 5:00 p.m. Daily Tasks  
All Calendars Are Subject To Change

“This institution is an equal opportunity provider.”