

**Milestones in Marion
November Noon Menu 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Sloppy Joe on a Bun French Fries Brussel Sprouts Macaroni Salad Mixed Fruit Cup	Ham & Bean Soup Chopped Vegetable Salad Cornbread/Crackers Strawberries over Angel Food Cake
5	6	7	8	9
Chicken Breast Parsley Butter Potato Carrot Raisin Salad WW Bread Strawberries & Bananas	Salisbury Steak Mashed Potato/Gravy Green Beans Pears WW Dinner Roll Brownie	Sweet & Sour Pork White Rice Teriaki Vegetables Pineapple WW Bread Vanilla Ice Cream Cup	Turkey Tetrazzini Seasoned Broccoli Lettuce Salad w/Dressing Garlic Bread Fruit Ambrosia Salad	Fish on a Bun Sweet Potato Fries California Vegetables Mandarin Oranges Cookie
12	13	14	15	16
Hot Roast Beef Sandwich Mashed Potatoes/Gravy Corn Apricots WW Bread Frosted Bar	Chicken Salad Plate Tomato Wedges 5 - Cup Salad Pickled Beets WW Dinner Roll & Crackers Peaches	Baked Ham Sweet Potatoes & Apricots Mixed Fruit Cup WW Bread Tapioca Pudding	Tuna & Noodles Carrots & Peas Tossed Salad w/Dressing Rye Bread Fruited Gelatin	Taco Salad over Chips Salsa, Sour Cream Refried Beans Applesauce WW Bread Sherbet
19	20	21	22	23
Veggie Lasagna Mixed Vegetables Tropical Fruit Garlic Breadstick Banana Bar	Cheese Ravioli w/Marinara Seasoned Broccoli Fruited Gelatin Garlic Breadstick Chocolate Chip Cookie	Roast Turkey Mashed Potatoes & Gravy Bread Stuffing Cranberry Salad Rye Bread Pumpkin Pie	CLOSED THANKSGIVING DAY	CLOSED
26	27	28	29	30
Cream of Broccoli Soup Egg Salad w/Tomato Mandarin Oranges WW Bread Fruit Crisp	Glazed Pork Chop Sweet Potato Half Cauliflower & Broccoli WW Dinner Roll Tropical Fruit Cookie	Baked Chicken Seasoned Noodles Corn Pineapple WW Dinner Roll Cheesecake	Homemade Chili Cornbread Saltine Crackers 7 - Layer Salad Strawberry Banana Cup	Cook's Choice

"This institution is an equal opportunity provider."

All meals offer 8oz Skim, 1% Milk and Soy

Menus are subject to change.