Monday	Tuesday	Wednesday	Thursday	Friday
	VEMBER 2 B Activity Cale	ndar	1 Program with Mike Z (Main Program Area) 1:00-1:45	2 Dairy Queen (Eat Lunch at 11:30) (\$5.00-\$10.00) 12:00-1:30
5	6	situate en uges joi	8	9
Brenda Off	Dollar Tree	Nursing Home Residents w/Creative Care Unit	Decíde On A Recípe	Prac <mark>tical Meditatio</mark> n
No НАВ Group	(Money Optíonal)			
	10:00-11:30	10:00-11:30	1:00-1:45	10:00-11:00
12 Bowling Outing at	13	Movie Outing 14 (The Grinch)	15	16
May City Bowl	Finding Your	(a==o fore en on ia)	Purchase Ingredients	
	Purpose	(\$5.50 for movíe) (Money for snacks &	For Recipe	Mee <mark>ting</mark>
(\$2.00) 9:45-11:45	10:00-11:30	drínks optíonal) 9:45-12:30	10:00-11:30	10:00-11:00
19	20	21	CLOSED 22	CLOSED 23
Brenda Off	Do You! Discussion	Library Outing	Chair Sqiving	There is always something for which to be
No HAB Group	10:00-11:00	10:00-11:30		THANKFUL health home family friends food
26	27	28	29	30
	Lindale Mall & Lunch	Decorate at		
Baking Cookies with Carol	(Sack Lunch Províded)	Evergreen Estate 3	Make Recipe	Depression Discussion
10:00-11:30 Milestones Adult Day Health Cen	(Money Optional) 10:00-1:30 Oter 1725 O Ave NW Cedar Rapi	9:45-11:30	10:00-11:30 * Milestones is an equal on	10:00-11:00 portunity provider and employer

Milestones Adult Day Health Center 1725 O Ave NW Cedar Rapids, IA 52405 319-398-3647.

^{*} Milestones is an equal opportunity provider and employer