

**Milestones in Marion  
Main Unit  
November 2018**

Activity Coordinator: **Nichelle McKee**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BAKE SALE</b> <b>November</b> <b>19<sup>th</sup> – 21<sup>st</sup></b>	<b>November Birthdays</b> Harlow P. 11-3 Gordon G. 11-9 Sally H. 11-9 Richard M. 11-18 Justin H. 11-23 Sheila S. 11-25 Deb V. 11-28 Janelle K. 11-30		<b>1 Dia de Los Muetus Celebration</b> Open Library <b>Coco the Movie</b> My Hilarious Job History	<b>2 Friday Night Lights</b> Pokeno Barnes N Noble <b>Autumn Trivia</b> Relax & Refresh
<b>5 Friends From The Arc</b> Crosswords <b>Casino Games</b> Monopoly Day	<b>6 Travel Tuesday to Iowa</b> Pet Therapy <b>HEARTLAND BAND</b> Power of Vote  <i>Did You Vote Yet?</i>	<b>7 Music Therapy Bell Choir</b> Little Big Town <b>Scene It with Janelle</b> Destress Fun	<b>8 Social Workshop</b> Coffee Club Outing MUSIC WITH BOB <b>Solid Waste Agency With Jason</b> Begin Categories	<b>9 Darlene's Duet Salute to Vets</b> Make Cards For Vets <b>WILD BILL</b> Whiteboard Fun 
<b>12 Crafts with Bickford</b> Vietnam Veterans <b>UNI Camp Adventure!</b> International Tongue Twisters <i>UNI Spirit Day: Wear UNI Colors</i>	<b>13 Bowling Trip</b> UNO With Friends Reminisce Ball <b>Random Acts of Kindness</b> Guided Meditation <i>World Kindess Day</i>	<b>14 Music Therapy Bell Choir</b> Garth Brooks <b>La La Ladies</b> Hidden Meanings	<b>15 Zumba</b> <b>Reduce, Reuse, Recycle</b> Sorry with Marilyn <b>I am Thankful For Pumpkins</b> Mother & Father	<b>16 Mickey Mouse's Birthday</b> Participant Council <b>COUNTRY STEPPERS</b> Puzzles Galore
<b>19 Friends From the Arc</b> Pictionary <b>HAROLD GRAY</b> Dollar Tree November Categories Bake Sale 2-5	<b>20 Charlie Brown Thanksgiving</b> Turkey Tuesday <b>HARRY ON KEYBOARD</b> Did You Know? Bake Sale 2-5	<b>21 Music Therapy Bell Choir</b> Jason Aldean <b>Nibble &amp; Natter</b> Thanksgiving Word Finds Bake Sale 2-5	<b>22</b>  <b>CLOSED HAPPY THANKSGIVING</b>	<b>23</b>  <b>CLOSED HAPPY THANKSGIVING</b> 
<b>26 Cider Monday and Stories</b> Parachute <b>Medical Update</b> Indian Creek Nature Center Cranium Crunches	<b>27 Linn County Triad</b> Sorry in Library <b>Spa N Sports</b> Pilgrim's	<b>28 Music Therapy Bell Choir</b> Carrie Underwood <b>Balloon Volleyball</b> Name 5 	<b>29 Bingo</b> Men's Group <b>Spirituality with Vickie</b> Animals in My Life	<b>30 Octaband</b> Karaoke with Kim <b>Baker's Corner</b> Games with Friends <i>Happy Birthday Dick Clark</i> 

7:30 a.m. – 9:30 am Breakfast  
 9:30 a.m. – 10:00 am Exercise  
 10:00 a.m. -10:15 am News/Sharing  
 10:15 a.m. – 11:40 am Programming

11:40 a.m. – 12:00 p.m. Prepare For Lunch  
 12:00 p.m. – 1:00 p.m. Lunch  
 1:00 p.m. – 2:30 p.m. Programming  
 2:30 p.m. – 3:00 p.m. Snack

3:00 p.m. – 4:30 p.m. Small Group Programs  
 4:30 p.m. – 5:00 p.m. Daily Tasks  
 All Calendars Are Subject To Change  
 “This institution is an equal opportunity provider.”